



WHOLE

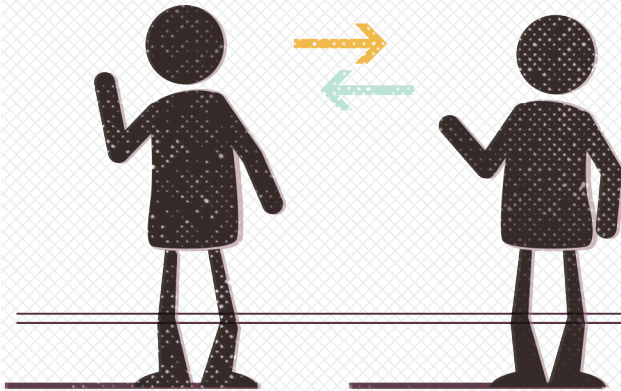
HEARTED

CHANGE

Work adapted from Tim Keller / Drew Goodmanson

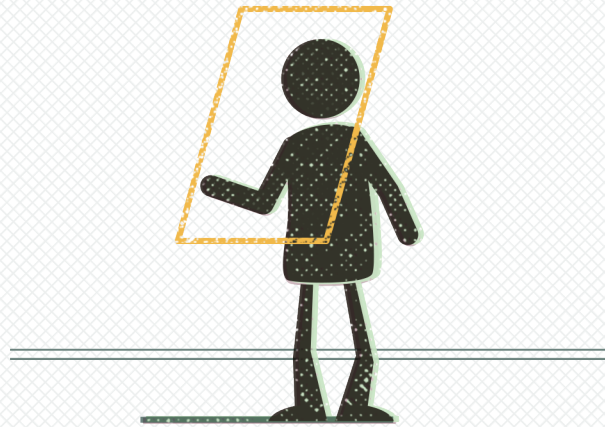


# Three Distinct Approaches to Transformation



## Changed by Knowledge Information Exchange

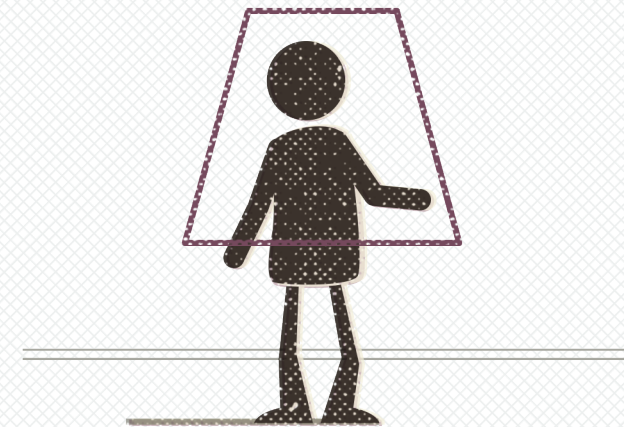
Stays at a comfortable level – exchanging facts, insights, ideas at a head level. Don't mistake insight for transformation. At this level we base a mature person by what they know. There is biblical/theological knowledge and can be used to intimidate others, mask over or keep others at a distance. God does not just want us to know about Him but to know Him.



## Changed by Behavior Behavior Modification/ Self-Saving

Moralists rely on knowing the right things and doing the right things to earn God's love on their own righteousness. Only engages the head and the hands. Leads to pride when they know what to do and do it. Leads to shame when they know what is right but fail (Matt. 23:27-28). The Pharisees knew the right beliefs and right behaviors but the insides of their lives were far from Him. He compares them to a whitewashed tomb, the outside appears put together but on the inside is death, unclean. The outward appears righteous to others but is inwardly wasting away.

\*Come to faith by grace alone but after they come to faith growth is seen to be entirely upon them, works-oriented.



## Changed Inside-Out Whole Person Transformation

Transformed from the inside/out. The gospel takes root at a heart level and every part of the person is transformed. Change is not isolated to the head or hands but integrated. Change is based in Christ, His love and grace, through the Holy Spirit not in self-effort alone.

We begin to learn how to apply the gospel to our own hearts and lives. It is also the primary way to encourage others in the faith (Ephesians 3:14-19; Titus 3:4-6).



## Pride/Shame Cycle

*Trying to pull yourself up by your bootstraps*

### IDENTIFY SIN

With Others: We listen to them, maybe identify with them (me too), or acknowledge that the struggle is hard. Without applying the gospel we can only encourage them to try harder, do the best you can, or help justify the sin (i.e., busy, hard circumstances).



### REGRET: MAN-CENTERED

"I failed again" self-pity, sorry for the consequences. Develops an insecurity of where they stand with God.



### TRY HARDER > BEHAVIOR MODIFICATION

Do more to try and earn acceptance by their moral performance and actions. Worth is found in what they do and righteousness is based on what they avoid.



### PRIDE/SHAME CYCLE

Since their standing with God is based on them and their actions there is pride when they are "doing well" and shame when they mess up. They can become critical of others or feel like they don't measure up.



Without the gospel we have to manufacture self-worth by comparing or finding worth, security, and meaning in things, relationships, or career achievements.



## How the Gospel Engages the Heart

The gospel answers and satisfies the longings and deepest desires of our hearts. We are accepted not for what we do, or what we produce; but for who we are in Christ. God demonstrates a sacrificial love for us that pursued us when we were yet sinners, broken, and unable to choose Him. God's love is not transactional, it is based in His perfect character. We can be reconciled to God, we can know the Creator intimately.

Our worth, security, identity, and meaning are found in Him who is eternal, not temporary. We are changed and renewed by His great love for us in Christ and as we receive and experience that love we begin to love others in the same way. We are freed from transactional love (if/then). We become rooted in His love and live in Christ and the truth of the gospel message – we don't live in the world's system of works, performance, identity in created things rather than the Creator.

The gospel isn't just how we come to faith, it is how we grow and live in Christ. As we are changed by His grace and love, we are able to extend grace and love to others. The gospel becomes an encouragement to believers and compelling for those yet to believe.

In Christ I am forgiven, chosen, adopted, accepted, blessed, redeemed, and reconciled. Through the Holy Spirit these realities become deeply rooted within us (Ephesians 3:14-20).



# The Process of Whole-Hearted Change

## IDENTIFY SIN

Who, other than God, am I looking to for security, hope, trust-in, and identity?



## DISCOVER THE WHY

What did I feel I needed that God couldn't give me or I needed to feel worth, complete, and find my identity? Where did I exchange the truth for a lie? Engage with the Holy Spirit.



## FIND IDOLS

Recognize that the idol is bankrupt and can't deliver what it promises. It will enslave us. An idol is anything that becomes the ultimate thing we think we must have for our hearts to be satisfied.



## REPENT

We recognize the depths of our depravity. We repent of self-righteousness, and pride. We admit our need for rescue. I am a greater sinner than I thought.



**At the core of your being, shift your trust from your self effort to actively and willingly trusting Christ more and what he has done for you.**



## WORSHIP: TRANSFORMED BY GRACE

Freedom allows us to have communion with Him. We get God. How great a Savior! God is a greater Savior than I imagined.



## TRUST THAT I AM ACCEPTED: BY HIS RIGHTEOUSNESS

We are saved by His perfect work not ours. Trust in Him alone. Through His grace we are able to step out of shame and insecurity.



## TRUST THAT JESUS PAID FOR MY SINS: I'M FORGIVEN

Surrender to the Holy Spirit to work in us replacing idols. Because we are accepted in Christ, based on His perfect work, we can explore the places in our hearts where we don't trust Him fully. We are freed from guilt and shame.



## TRUST THAT JESUS LIVED THE LIFE I COULDN'T

Re-align to the gospel and its truth applied to our whole lives. Eph. 3:16-21





